



NEW JERSEY

Family Supports

for Children with Special Health Care Needs



Provided through a supportive partnership with **KOHL'S**cares




New Jersey Family Supports for Children with Special Health Care Needs

✓ PerformCare

PerformCare is the agency contracted through the New Jersey Children's System of Care for children and teens up to age 21 with behavioral or mental health, intellectual or developmental disabilities, or substance abuse issues from which they can obtain publically available services. Services include mobile crisis, in-home or community support, respite, assistive technology, help with camps, and case management. PerformCare is also the agency that determines eligibility for developmental disability services for children under age 18.


 www.performcarenj.org/families/index.aspx

 877- 652-7624

✓ New Jersey Family Service Organizations

Family Support Organizations (FSOs) are family-run, county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral challenges. NJ FSOs operate through the New Jersey Children's System of Care.

 www.nj.gov/dcf/families/support/support/

 877- 652-7624


✓ New Jersey Special Child Health Services


With parent consent case managers work with the child's parents, physician, and/or specialists to evaluate the child's strengths and needs. They collaborate with the family and community-based partners to develop an individual service plan (ISP) for the child and family. Case managers are provided through county offices. New Jersey Special Child Health Services is operated through the NJ Department of Health.

 www.nj.gov/health/fhs/specialneeds/contacts.shtml

✓ Mom2Mom

Mom2Mom provides parents of children with special needs peer support, clinical assessment, a network of local service providers, and access to community support groups.

 www.mom2mom.us.com

 877-914-6662



www.childrens-specialized.org

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PerformCare

Helping families across New Jersey

PerformCare is the single point of entry for the New Jersey Children's System of Care (CSOC). Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or certain substance use treatment services.

Available 24 hours a day, 7 days a week — 1-877-652-7624

Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at www.performcarenj.org.

Child-centered care in the right place

No matter what the challenge, the Children's System of Care can help put your child on the path to a better quality of life. Depending on your child's needs, CSOC services include:

- Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Care management for intense and complex needs.
- Assessments to determine your child's needs.
- Behavioral supports for activities of daily living.
- Family support for education and advocacy.
- Respite services for families.
- Substance use treatment (up to age 18).

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Contact us toll-free (parents, guardians and youth):

1-877-652-7624 or TTY: 1-866-896-6975
www.performcarenj.org/families



PerformCare associates are available 365 days a year to connect eligible children to individualized care.

NJ Children's System of Care
Administered by PerformCare®

www.performcarenj.org

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Discrimination is against the law

PerformCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PerformCare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

PerformCare reduces language barriers to accessing services through the New Jersey Children's System of Care by:

- Providing free aids and services to people with disabilities to communicate effectively with us, such as:
 - Written information in other formats (large print, audio, accessible electronic formats, and other formats).
 - Telecommunication devices such as Device for the Deaf (TDD) and Text Telephone (TTY) systems to enable individuals who are deaf, hard of hearing, or speech-impaired to use the phone to communicate.
- Providing language services at no cost to people whose primary language is not English, such as:
 - Qualified interpreter services.
 - Information written in other languages.

If you need these services, contact PerformCare at **1-877-652-7624** or [TTY (for the hearing impaired) **1-866-896-6975**]. We are available 24 hours a day, seven days a week.

If you believe that PerformCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can submit a complaint by mail or phone, by either calling PerformCare's Quality department at **1-877-652-7624** or by writing to:

PerformCare
Attn: Quality Department
300 Horizon Center Drive, Suite 306, Robbinsville, NJ 08691

If you need help filing a complaint, PerformCare's Quality department is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW, Room 509F, HHH Building
Washington, DC 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.

Multi-language interpreter services

Attention: If you do not speak English, language assistance services are available to you at no cost. Call **1-877-652-7624 (TTY 1-866-896-6975)**.

Spanish: Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-652-7624 (TTY 1-866-896-6975).

Portuguese: Atenção: Se fala português, encontra-se disponível serviço gratuito de intérprete pelo telefone 1-877-652-7624 (TTY 1-866-896-6975).

Arabic: ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بلمجان. اتصل برقم (رقم هاتف الصم والبكم: 1-877-652-7624 (TTY: 1-866-896-6975).

Haitian Creole: Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-652-7624 (TTY: 1-866-896-6975).

Chinese Mandarin: 注意: 如果您说中文普通话/国语, 我们可为您提供免费语言援助服务。请致电: 1-877-652-7624 (TTY 1-866-896-6975)。

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-652-7624 (TTY 1-866-896-6975) 번으로 전화해 주십시오.

Bengali: লক্ষ্য করুন: যদি আপনি বাংলা, ক্বা বনতে পাবেন, ভাষনে নিঃপরচারা ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন 1-877-652-7624 (TTY 1-866-896-6975)।

French: Attention : si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-652-7624 (TTY 1-866-896-6975).

Vietnamese: Chú ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-652-7624 (TTY 1-866-896-6975).

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-877-652-7624 (TTY 1-866-896-6975) पर कॉल करें।

Chinese Cantonese: 注意: 如果您使用粵語, 您可以免費獲得語言援助服務。請致電 1-877-652-7624 (TTY 1-866-896-6975)。

Polish: Uwaga: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-652-7624 (TTY 1-866-896-6975).

Urdu:

توجہ فرمائیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-877-652-7624 (TTY: 1-866-896-6975)۔

Turkish: Dikkat: Türkçe konuşuyorsanız dil yardımı hizmetlerinden ücretsiz olarak yararlanabilirsiniz. 1-877-652-7624 (TTY 1-866-896-6975) numaralı telefonu arayın.

Russian: Внимание: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-652-7624 (TTY 1-866-896-6975).

Family Support Organizations in New Jersey (FSOs)

Family Support Organizations are family-run, county-based organizations that provide direct family-to-family peer support, education, advocacy, and other services to family members of children with special needs, including emotional and behavioral problems. **To access services, you may call these organizations directly or call 1-877- 652-7624.**

ATLANTIC/CAPE MAY COUNTIES FSO

Atlantic / Cape Family Support Organization, Inc.
1601 Tilton Road, Unit 1
Northfield, NJ 08225
PHONE: (609) 485-0575
FAX: (609) 485-0467

BERGEN COUNTY FSO

Family Support Organization of Bergen County
0-108 29th Street
Fairlawn, NJ 07410
PHONE: (201) 796-6209 ext.101
FAX: (201) 796-1151

BURLINGTON COUNTY FSO

Family Support Organization of Burlington County
774 Eayrestown Road
Lumberton, NJ 08048
PHONE: (609) 265-8838
FAX: (609) 265-0116

CAMDEN COUNTY FSO

Camden County Family Support Organization
23 West Park Avenue
Suite 103-104
Merchantville, NJ 08109
PHONE: (856) 662-2600
FAX: (856) 662-2242

CUMBERLAND / GLOUCESTER / SALEM FSO

Family Support Organization of Cumberland /
Gloucester / Salem
3739 North Delsea Drive
Vineland, NJ 08360
PHONE: (856) 507-9400 ext. 101
FAX: (856) 507-9401

ESSEX COUNTY FSO

Family Support Organization of Essex County
60 Evergreen Place, Suite 410 and 412
East Orange, NJ 07018
PHONE: (973) 395-1441
FAX: (973) 395-1595

HUDSON COUNTY FSO

Family Support Organization of Hudson County
895 Bergen Avenue, Suite 300
Jersey City, NJ 07306
PHONE: (201) 915-5145
FAX: (201) 915-5142

HUNTERDON / SOMERSET / WARREN FSO

Family Support Organization of Hunterdon,
Somerset, Warren, Morris and Sussex Counties
114 South Second Street
Phillipsburg, NJ 08865
PHONE: (908) 213-9932
FAX: (908) 908-8522



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MERCER COUNTY FSO

Mercer County Family Support Organization
3535 Quakerbridge Road
IBIS Plaza, Suite. 400
Hamilton, NJ 08619
PHONE: (609) 586-1200
FAX: (609) 586-0278

MIDDLESEX COUNTY FSO

Family Support Organization of Middlesex County
1 Ethel Road
Edison, NJ 08817
PHONE: (732) 287-8701
FAX: (732) 287-8708

MONMOUTH COUNTY FSO

Family Based Services Association of New Jersey
6 Industrial Way West, Suite D
Eatontown, NJ 07724
Phone: (732) 542-4502
Fax: (732) 542-4563

MORRIS / SUSSEX COUNTIES FSO

Family Support Organization of Hunterdon,
Somerset, Warren, Morris and Sussex Counties
67 Spring Street
Newton, NJ 07860
PHONE: (973) 940-3194
FAX: (973) 940-3197

OCEAN COUNTY FSO

Family Support Organization of Ocean County
34 Manchester Avenue, Suite 202
Forked River, NJ 08731
PHONE: (609) 693-4121
FAX: (609) 693-4125

PASSAIC COUNTY FSO

Family Support Organization of Passaic County
810 Belmont Avenue
North Haledon, NJ 07508
PHONE: (973) 427-0100
FAX: (973) 427-0110

UNION COUNTY FSO

Family Support Organization of Union County
143 Elmer Street
Westfield, NJ 07090
PHONE: (908) 789-7625
FAX: (908) 789-7628



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Special Child Health Services Case Management

Each of the State's 21 counties has an SCHS Case Management Unit jointly funded by SCHS and the county freeholders. SCHS Case Managers, with parental consent, work with the child's parents and the physician to evaluate an affected child's strengths and needs; and develops an individual service plan for the child and family. Medical, educational, developmental, social and economic needs of the child and family are targeted.

Atlantic County SCHS-Case Management Unit

Atlantic County Special Services School District
4805 Nawakwa Boulevard
Mays Landing, NJ 08330
PHONE: (609) 909-9269
FAX: (609) 476-4362

Bergen County SCHS-Case Management Unit

Bergen County Dept. of Human Services
One Bergen County Plaza
Hackensack, NJ 07601-4895
PHONE: (201) 634-2621
FAX: (201) 336-7199

Burlington County SCHS-Case Management Unit

Virtua Community Nursing Services
15 Pioneer Blvd.
Westampton, NJ 08060-0287
PHONE: (609) 914-8550 Ext. 42837
FAX: (609) 914-8552

Camden County SCHS-Case Management Unit

Camden County Division of Health
DiPiero Center - 512 Lakeland Road, Ste. 401
Blackwood, NJ 08012-0009
PHONE:(856) 374-6021 or (800) 999-9045
FAX: (856) 374-9734

Cape May County SCHS-Case Management Unit

Cape May Dept. of Health
6 Moore Rd. DN 601 Crest Haven Complex
Cape May Court House, NJ 08210-3067
PHONE: (609) 465-6841
FAX: (609) 463-0511

Cumberland County SCHS-Case Management Unit

Cumberland County Dept. of Health
309 Buck Street
Millville, NJ 08332
PHONE: (856) 327-7602 Ext. 7132
FAX: (856) 327-6274

Essex County SCHS-Case Management Unit

Special Child Health Services
50 South Clinton Street, Suite 4301
East Orange, NJ 07018
PHONE: (973) 395-8836 -Or- (973) 395-8837
FAX: (973) 395-8897

Gloucester County SCHS-Case Management Unit

Gloucester County Dept. of Health, Senior & Disability Services
204 E. Holly Avenue
Sewell, NJ 08080
PHONE:(856) 218-4111
FAX: (856) 218-4125

Hudson County SCHS-Case Management Unit

Jersey City Medical Center
953 Garfield Avenue
Jersey City, NJ 07304-3199
PHONE: (201) 915-2514
FAX: (201) 433-2426

Hunterdon County SCHS-Case Management Unit

Hunterdon Medical Center
2100 Wescott Drive
Flemington, NJ 08822-9238
PHONE: (908) 788-6399
FAX: (908) 788-6581



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Mercer County SCHS-Case Management Unit

Special Child Health Services
1068 Old Trenton Road
Hamilton, NJ 08690
PHONE: (609) 588-8460
FAX: (609) 631-6592

Middlesex County SCHS-Case Management Unit

Middlesex County Office of Health Services
75 Bayard St., Administration Bldg. 5th Floor
New Brunswick, NJ 08901
PHONE: (732) 745-3187
FAX: (732) 745-2568

Monmouth County SCHS-Case Management Unit

Special Child Health Services/Early Intervention
Monmouth County
176 Riverside Avenue
Red Bank, NJ 07701
PHONE: (732) 224-6950
FAX: (732) 747-4404

Morris County SCHS-Case Management Unit

Morristown Medical Center
100 Madison Avenue, Box 99
Morristown, NJ 07962-1956
PHONE: (973) 971-4155
FAX: (973) 290-7358

Ocean County SCHS-Case Management Unit

Ocean County Health Department
175 Sunset Avenue
P.O. Box 2191
Toms River, NJ 08754-2191
PHONE: (732) 341-9700 Ext. 7602
FAX: (732) 678-0037

Passaic County SCHS-Case Management Unit

Catholic Family and Community Services
775 Valley Road
Clifton, NJ 07013
PHONE: (973) 523-6778
FAX: (973) 523-7715

Salem County SCHS-Case Management Unit

Salem County Department of Health
110 5th Street, Suite 400
Salem, NJ 08079-1911
PHONE: (856) 935-7510 Ext. 8305
FAX:(856) 935-8483

Somerset County SCHS-Case Management Unit

Somerset Children's Center
377 Union Avenue
Bridgewater, NJ 08807-0824
PHONE: (908) 725-2366
FAX:(908) 725-3945

Sussex County SCHS-Case Management Unit

Special Child Health Services
201 Wheatsworth Road
Hamburg, NJ 07419
PHONE: (973) 948-5239
FAX: (973) 948-2270

Union County SCHS-Case Management Unit

313 South Avenue, Suite 102
Fanwood, NJ 07023
PHONE: (908) 889-0950 Ext. 2544
FAX: (908) 889-7535

Warren County SCHS-Case Management Unit

Warren County Health Department
Special Child Health Services
162 East Washington Avenue
Washington, NJ 07882-2196
PHONE:(908) 689-6000 Ext. 258
FAX:(908) 835-1172



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MOM  MOM

1-877-914-MOM2...MOM

1-877-914-6662

*The "MOM 2 MOM" Helpline Program
University of Medicine & Dentistry of New Jersey*

You're caring for your special needs child...Who is caring for you?

At Mom 2 Mom our focus is caring for you....

Mothers with special needs children are at risk for depression and related disorders (Reuters, 4/18/2008). Studies show parents of special needs children have significantly higher divorce rates than those with typically developing children. Medical illness, financial stressors, faith based issues, and employment struggles often accompany the challenges of being a primary caregiver of a special needs child.

When you become a mother it is often a miraculous experience in your life. When your child is identified as having special needs, it is potentially the most devastating experience of your life.

As the primary caregiver mothers try to "fix" everything for their child. Some challenges cannot be fixed, but rather adapted to. The "MOM 2 MOM" Peer Support Helpline Program answers the need.

An abundance of resources for children with special needs have been established with a focus on advocacy, education, and financial support for those loved ones. The missing link however has been the recognition for the needed services for the primary caregiver's mental health and wellness, specifically a service for mothers.

By dialing **1-877-914- MOM2** (1-877-914-6662) **MOM 2 MOM** helpline program a mother of a child with special needs will receive the following services;

Mom 2 Mom Peer Support- M2M Peer Supporters will be available to provide telephone peer support to callers in need. Moms of special needs children trained in peer counseling and crisis support will offer peer support, explain resources, and explore your needs. Mom 2 Mom peer support is also available through our website for a live chat experience online.

Mom 2 Mom Clinical Assessment -M2M Clinicians will be on the helpline as part of the team of clinical professionals available to do telephonic assessment and gauge the depression, anxiety, and family & marital issues, etc. that may be impacting your life.

Mom 2 Mom Network- A M2M database of specially trained service providers will be available for referrals for your mental health needs.

MOM 2 MOM Support Groups- Within your communities Mom Peer Supporters will be available every month for Mom 2 Mom support groups.

1-877-914-MOM2...MOM

1-877-914-6662

MOM  MOM



THE HEALTHCARE FOUNDATION OF NEW JERSEY
Founded by the Jewish Community



www.childrens-specialized.org
1-888-CHILDRENS



Children's Specialized Hospital is an affiliate member of RWJBarnabas Health and a member of Children's Miracle Network Hospitals

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